



# Alopecia Treatment Protocol

Alopecia is a condition that causes round patches of hair loss. It is thought to be an autoimmune condition when the immune system mistakenly attacks hair follicles which are where hair growth begins. It may occur after a major life event such as an illness, pregnancy, or trauma. Alopecia usually begins as one to two patches of hair loss and it is most often seen on the scalp. It may also occur in the beard, eyebrows, and arms or legs in some people. In some cases the hair may become thinner without noticeable patches of baldness, or it may grow and break off, leaving short stubs. In rare cases, complete loss of scalp hair and body hair occurs. Patches where hair has fallen out are smooth and round in shape. They may be peach-colored. Hairs that look like exclamation points are sometimes seen at the edges of a bald patch. Hair loss is usually the only symptom. A few people may also feel a burning sensation or itching. Forms of alopecia include Alopecia areata with patches of hair loss, Alopecia totalis with complete loss of scalp hair and Alopecia universalis with total loss of all body hair.

Based on TCM theory, such a condition is caused by liver, kidney and blood deficiencies resulting in poor support with damp and heat in the hair producing tissues causing tissue damages. The Alopecia A formula helps nurture the kidney, liver and blood and provides the nutritional support to the hair producing tissues to assist tissue regeneration. The Alopecia B formula will clean the damp and heat in the hair producing tissues and help restore the tissue damages. Patient can have new hair growth with one month of treatment. The hair initially growing out will be grey in color and will change to a darker color as treatment continues. 3 months of treatment is required to have significant improvement with sustained results.

## **Recommended Dosage**

Alopecia A: 50mL (1/4 cup), 2 times a day

Alopecia B: Apply the liquid to the affected area once in the morning and second time in the evening after shower.

**Case: Alopecia Areata (autoimmune disorder causing hair loss), Jack Kucheran,  
Calgary, AB T1Y6X3 Canada**

A 40 year old male patient was diagnosed with Alopecia Areata, an autoimmune disorder causing hair loss. He had widespread hair loss especially on the head area. He began a treatment for 2 ½ months consisting of 4 bottles (Each bottle last 2 weeks) of Alopecia A which is an intake formula. He also used Alopecia B which is an external formula used on the exterior of the body on areas of hair loss. After the treatment, the patient saw some amazing results. He had a head covered with hair after only 2 ½ months. The hair color is gray, however, it is to be monitored to see if the color will turn darker. He was very pleased with the total improvement.