

HOW A HOMEOPATHIC REMEDY IS MADE



A remedy is made by starting with the original substance and making it into a mother tincture. For this example, we'll use the plant, Arnica montana.





Pellets are then medicated with the mixture.





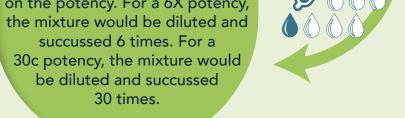
The mixture is then strongly shaken or succussed and diluted a specific number of times based on the potency. For a 6X potency, succussed 6 times. For a 30c potency, the mixture would be diluted and succussed



To make the "X" potency, mix 1 drop of the Arnica montana tincture with 9 drops of alcohol to achieve a 1:10 ratio.

To make the "C" potency, mix 1 drop of Arnica montana tincture with 99 drops of alcohol to achieve a 1:100 ratio.





www.homeopathycenter.org

Though homeopathic remedies are diluted, they are still medicine. It is important to follow dosing instructions on the bottle or follow the guidance from a professional homeopath.